APPENDIX 1. ASTHMA INSIGHTS AND REALITY IN THE ASIA-PACIFIC (AIRIAP) TO ASTHMA CONTROL TEST $^{\text{TM}}$ (ACT) MAPPING ALGORITHM

| ACT question 1 | | | | | |
|--|---|-------------------------|--------------------------------|---------------------------|-------------------------------------|
| In the past 4 weeks how much of the time did your asthma | All of the time | Most of the time | Some of the time | A little of the time | None of the time |
| keep you from getting as much done at work, school or home? | | | | | |
| AIRIAP# | | | | | |
| How much do you feel that your asthma limits what you [¶] | Both responses | Worst response | Worst response | Worst response | Both responses |
| can do in social activities/playing [and] housekeeping chores? | "A lot" | "A lot" | ''Some'' | "Little" | "Not at all" |
| ACT question 2 | | | | | |
| During the past 4 weeks, how often have you had shortness | More than once | Once a day | Three to six times a | Once or twice | Not at all |
| of breath? | a day | | week | a week | |
| AIRIAP | | | | | |
| What asthma symptoms have you had [If "Shortness of Breath" reported]: How many times in a typical week do you experience asthma symptoms? | Eight times per week or more frequently | Seven times per week | 3, 4, 5 or 6 times per week | One or two times per week | Shortness of breath not experienced |
| ACT question 3 | requertity | | | | схрепенеса |
| During the past 4 weeks how often did your asthma symptoms | Four or more | 2-3 times a week | Once a week | Once or twice | Not at all |
| (wheezing, coughing, shortness of breath, chest tightness or pain) wake you up at night or earlier than usual in the morning? | times a week | | | | |
| AIRIAP | | | | | |
| Have you been awakened by a cough, or wheezing, or | "Every night" OR | "At least three nights | "Once a week | "Twice a month" OR | None of the |
| shortness of breath, or chest tightness during the night? | "Most nights" | a week" OR | (five times a month)" | "Once a month" | symptoms in the |
| How often do you have these symptoms at night? | | "Twice a week" | OR "Three or four | | past 4 weeks |
| ACT question 4 | | | times a month" | | |
| During the past 4 weeks how often have you used your | Three or more | 1 or 2 times | 2 or 3 times | Once a week or less | Not at all |
| rescue inhaler or nebulizer medication (such as salbutamol)? | times per day | per day | per week | | |
| AIRIAP ⁺ | | | | | |
| Which of [these asthma medications] | "Daily" AND three | "Daily" AND 1 per | "2-3 times | "Once a week" or | Not taken |
| do you take for "quick relief" of asthma symptoms? How often do you take them? | times per day or more often | day or 2 per day | per week'' | less often | |
| ACT question 5 | | | | | |
| How would you rate your asthma control during the past 4 weeks? | Not controlled at all | Poorly controlled | Somewhat controlled | Well controlled | Completely controlled |
| AIRIAP | | | | | |
| Overall, how well would you say that your asthma has been controlled in the past four weeks? | "Not controlled at all" | "Poorly controlled" | "Somewhat controlled" | "Well controlled" | "Completely controlled" |

^{*:} All questions begin "In the past 4 weeks". \(^1\): All references to "Your asthma" also include "your child's asthma" when appropriate. \(^+\): Up to four "quick relief" drugs reported. ACT response estimated from the quick relief drug used most frequently.

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ERRATUM

"Introduction". M. Spiteri. Eur Respir Rev 2005; 14: 97, 125.

- **R.** Lutter should have been included as the co-author of the Introduction.
- R. Lutter was also Guest Editor of issue 14: 97, Current perspectives in epithelial cell injury and repair, alongside M. Spiteri.

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